

Registration Fee*:

- March 19, 2010:** \$55 before March 12, 2010
\$75 after March 12, 2010
- April 16, 2010:** \$55 before April 9, 2010
\$75 after April 9, 2010
- May 14, 2010:** \$55 before May 7, 2010
\$75 after May 7, 2010

**Limited number of full fee waivers are available - ask if you qualify!*

Fast, Easy Registration

- By Phone:** Call (217) 351-2235 and have credit card information ready. 8a - 5p, Monday thru Friday.
- By Fax:** (217) 351-5928 with credit card. 24/7 availability.
- By Mail:** Complete the registration form and send with payment to:
Parkland College Business Training, 1315 North Mattis Avenue, Champaign, IL, 61821

Method of Payment:

- Check or money order enclosed payable to: **Parkland College**
 - I prefer to charge: **Visa** **MasterCard** **Discover**
- Card Number: _____ "V" Number (back of card): _____
 Expiration Date: _____ Signature: _____

NOTE: Registration is subject to receipt of fee(s).

Last Name: _____ First Name: _____ MI _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Office/Cell: () _____ Email: _____
 Organization: _____ Profession/Specialty: _____

Continuing Education Institute of Illinois

c/o ASO, Dr. William Gingold
2404 Windsor Place, Suite B
Champaign, IL 61820
www.continuingeducationpartner.com

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**Register Early
Full Fee Waivers
Available For CNAs!**



**Home Health Professional
Development Series**

**Fridays, 12:30 - 4:30 p.m.
March 19, April 16 & May 14, 2010**

**Parkland College on Mattis
Health Professions
1309 North Mattis Avenue
Champaign, IL 61821
(217) 351-2235**

This program is offered through  **PARKLAND COLLEGE**
in collaboration with the Department of Family Medicine,
College of Medicine, University of Illinois
Coordinated by the Continuing Education Institute of Illinois

Program

This program is specially designed for the professional in home health and home care. Expert faculty will offer the most current information on a wide range of issues affecting practitioners and caregivers in the home environment. Each session is structured for the unique needs of the home health/home care professional, with breakout segments geared specifically to clinical and non-clinical topics.

Sessions At a Glance

Session 1 - March 19

Geriatric Nutrition - All participants

Chronic Disease Management - Breakout for Nurses/Clinicians

Meal Planning - Breakout for CNAs/Aides/Others

Session 2 - April 16

Person Centered Care - All participants

Functional Screening and Assessment - Breakout for Nurses/Clinicians

Range of Motion Activities - Breakout for CNAs/Aides/Others

Session 3 - May 14

Stress Management - All participants

Pharmacology Update - Breakout for Nurses/Clinicians

Medication Management - Breakout for CNAs/Aides/Others

What You Will Learn

Upon completion of this series, you should be able to:


- Discuss nutritional issues of the older adult and how to address their individual intake needs
- Recognize the special diagnostic and therapeutic problems associated with common medical conditions of the elderly
- Explain the approach to care that honors and respects the voice of the client
- Develop techniques and procedures for screening and assessment of the home care client
- Identify interventions and activities appropriate to maximize upper and lower mobility and range of motion
- Practice methods of managing worry, pressure and strain associated with caregiving
- Describe the remedial effects of medication prescribed for common geriatric medical conditions
- Outline practices for managing medication effectively in the home

Continuing Education Credit

Certificate for Professional Continuing Education will be issued that may entitle the participant to obtain credit from his/her respective licensing or certifying agency or institution.

Professional continuing education credit will be provided, up to **four (4) contact/clock hours** for each session, for:

- **Case and Care Managers** (meets CCMC guidelines)
- **Nurse Practitioners**
- **Nurses (RN/LPN)**
- **Occupational Therapists and COTAs**
- **Physical Therapists and PTAs**
- **Social Workers**
- **Others – please inquire.** Call (773) 930-3200

This program is made possible through the generosity of  Carle Foundation Hospital and the International Longevity Center-USA: Community College Caregiver Training Initiative

Faculty

Karen Chapman-Novakofski, PhD, Associate Professor of Nutrition and Medicine, Department of Food Science and Human Nutrition, University of Illinois, Urbana-Champaign, IL

Peggy Cler, CNMT, Massage Therapist, Body Work Associates, Champaign, IL

Melissa Cronin, MS, LCPC, CCM, CRC, Principal, Age Wise Care Management, Champaign, IL

James Dearing, Senior Program Manager, Alzheimer's Association - Greater Illinois Chapter, Springfield, IL

Kathy Marren, RN, MSN, GNP-BC, Geriatric Nurse Practitioner, Provena Center for Healthy Aging, Champaign, IL

J. Mark Ruscin, PharmD, BCPS, Professor of Pharmacy Practice, Southern Illinois University Edwardsville School of Pharmacy, Edwardsville, IL

GENERAL INFORMATION

Fees: Space is limited so early registration is recommended. The registration fee is \$55 per session if received one week in advance of the session as follows:

Session 1 - March 19, 2010:	\$55 before March 12, 2010; \$75 after March 12, 2010
Session 2 - April 16, 2010:	\$55 before April 9, 2010; \$75 after April 9, 2010
Session 3 - May 14, 2010:	\$55 before May 7, 2010; \$75 after May 7, 2010

The registration fee includes break refreshments, printed materials, and continuing education credits/units.

CNAs - TAKE ADVANTAGE OF FULL FEE WAIVERS - To obtain a waiver, call Parkland College Health Professions, 217-353-2240.

Dates and Times: Program session will be on Fridays, March 19, April 16 & May 14, 2010. Registration/sign-in begins at 12:15 p.m. The session will start promptly at 12:30 p.m. and end at 4:30 p.m. Dress is casual.

Location: Parkland College on Mattis Health Professions
1309 North Mattis Avenue
Champaign, IL 61821
(217) 351-2235

Cancellation policy: Full refund if cancelled one week prior to the session dates as shown above. You may send a substitute with prior pre-registration.

Your tuition is tax deductible: All expenses of continuing education (including registration fees, travel, meals and lodging) taken to maintain and improve professional skills are tax deductible per Treasury Regulation 1.162-5 Coughlin vs. Commissioner, 203F2d207.

Conflict of Interest Policy Statement: Faculty participating in this program are expected to disclose to the program audience any real or apparent conflict(s) or unlabeled use related to the content of their presentations.

Questions: Please contact Cynthia Germain at 773-930-3200 or e-mail cgermain@continuingeducationpartner.com.

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