

# Multi-Disciplinary Certificate Program in Geriatrics for Non-Physicians

**Location:** University of Illinois Extension  
1412 S. Locust  
Pontiac, IL 61764  
(815) 842-1776

**Dates:** March 12 & 26, 2010  
April 9 & 23, 2010  
May 7 & 21, 2010

**Time:** All Fridays, 8:30 a.m. – 4:30 p.m.\*

## **Friday, March 12, 2010**

8:00-8:30 *Registration, Check-In and Networking*  
8:30-8:45 **Welcome and Orientation**  
Cynthia Germain, MBA, LNHA, CPP  
8:45-12:00 **Biology of Aging**  
Jeffrey Chesky, PhD  
12:00-1:00 *Networking/Working Lunch*  
1:00-4:15 **Physical Activity**  
Ruth Bixby, OTR/L and Eve Fischberg, MA OTR/L  
4:15-4:30 *Summary and Evaluation*

## **Friday, March 26, 2010**

8:00-8:45 *Check-In and Networking*  
8:45-10:15 **Mental Health and Aging**  
Charlotte Kauffman, MA, LCPC  
10:30-12:00 **End-of-Life**  
Paul Fay, MA, BA  
12:00-1:00 *Networking/Working Lunch*  
1:00-2:30 **Spirituality**  
William DeLong, EdD  
2:45-4:15 **Intimacy and Sexuality**  
James Dearing  
4:15-4:30 *Summary and Evaluation*

## **Friday, April 9, 2010**

8:00-8:45 *Check-In and Networking*  
8:45-10:15 **Culture Change in Long Term Care**  
Tami Wacker, BA  
10:30-12:00 **Geriatric Pharmacology**  
J. Mark Ruscin, PharmD, BCPS  
12:00-1:00 *Networking/Working Lunch*  
1:00-4:15 **Dementia Symptom Management**  
Sandra Burgener, PhD, APRN-BC, FAAN  
4:15-4:30 *Summary and Evaluation*

**Friday, April 23, 2010**

8:00-8:45	<i>Check-In and Networking</i>
8:45-10:15	<b><u>Elder Law</u></b> Stacey Tutt, JD
10:30-12:00	<b><u>Substance Abuse and the Older Adult</u></b> Linda Lewaniak, LCSW, CADC
12:00-1:00	<i>Networking/Working Lunch</i>
1:00-2:30	<b><u>Communication</u></b> Allen Ottens, PhD
2:45-4:15	<b><u>Caring for the Caregiver</u></b> Allen Ottens, PhD
4:15-4:30	<i>Summary and Evaluation</i>

**Friday, May 7, 2010**

8:00-8:45	<i>Check-In and Networking</i>
8:45-12:00	<b><u>Delirium, Depression and Dementia</u></b> Gregory Kyroutac, MSED
12:00-1:00	<i>Networking/Working Lunch</i>
1:00-2:30	<b><u>Emergency Preparedness</u></b> June Jacobs
2:45-4:15	<b><u>Local, State and National Resources</u></b> Susan Real, BS
4:15-4:30	<i>Summary and Evaluation</i>

**Friday, May 21, 2010**

8:00-8:45	<i>Check-In and Networking</i>
8:45-10:15	<b><u>Palliative Care</u></b> Kathy Marren, RN, MSN, GNP-BC
10:30-12:00	<b><u>Elder Abuse</u></b> Holly Zielke, MA
12:00-1:00	<i>Networking/Working Lunch</i>
1:00-4:15	<b><u>Nutrition and Hydration</u></b> Kristin Gustashaw, MS, RD, CSG
4:15-4:30	<i>Summary, Outcome Evaluation and "Graduation"</i>

\*Breaks will be provided at the discretion of presenters or program facilitator. Working lunches will require networking and work on assignments as provided. Schedule may be subject to change.

**Program Facilitators:**

Cynthia Germain, MBA, LNHA, CPP  
Continuing Education Institute of Illinois  
Tel: (773) 930-3200  
E-mail: [cgermain@continuingeducationpartner.com](mailto:cgermain@continuingeducationpartner.com)

William Gingold, PhD, MHA, CSA, CHE, LP  
Department of Family Medicine, UIUC  
Tel: (217) 337-4781  
E-mail: [wgingold@uiuc.edu](mailto:wgingold@uiuc.edu)